

First Sunday of Lent

COMMUNION ANTIPHON

Non in pane solo. Mt 4:4

- i -

2.



O NE does not live * by bread a-lone, but by



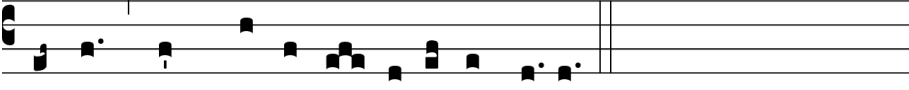
ev'-ry word that comes forth from the mouth of God.

From *The Proper of the Mass* by Fr. Samuel Weber, OSB

Ant.
5.

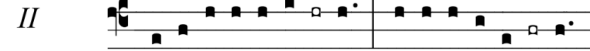


N ON in so- lo pa-ne * vi-vit homo, sed in omni



verbo, quod pro-cé-dit de o-re De- i.

From *The Liber Antiphonarius*



Psalm 91

2 He shall say to **the** LORD,
“My refuge, my stronghold, my God **in** whom I trust!”

3 He will free you from the snare of the **fowler**,
from the **destructive** plague;

4 he will conceal you with his **pinions**,
and under his wings you **will** find refuge.

5 You will not fear the terror of **the** night,
nor the arrow that **flies** by day,

6 nor the plague that prowls in the **darkness**,
nor the scourge that lays **waste** at noon.

7 A thousand may fall at your side, ten thousand fall at **your** right:
you it will never approach.

10 Upon you no evil **shall** fall,
no plague **approach** your tent.

14 Since he clings to me in love, I will **free** him,
protect him, for he **knows** my name.

15 When he calls on me, I will **answer** him;
I will be with him in distress; I will deliver him, and **give** him glory.

16 With length of days I will **content** him;
I will show him my **saving** power.

From *The Revised Grail Psalms/The Abbey Psalms and Canticles*