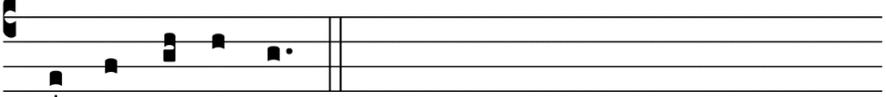


Thirteenth Sunday in Ordinary Time
Seventeenth Sunday in Ordinary Time

COMMUNION ANTIPHON *Benedic, anima mea, Domino.*
Ps 102:2

8. 

B LESS the Lord, * O my soul, and all with- in me,


bless his ho- ly name.

From *The Proper of the Mass* by Fr. Samuel Weber, OSB

Comm. 3. 

B e-né- dic á-nima me-a Dómi- no: et ó-


mní-a quæ intra me sunt nómi-ni sancto e- jus.

From *The Graduale Romanum*

VIII 

Psalm 103

1 Bless the LORD, O **my** soul,
and all within **me**, his holy name.

3 It is the LORD who forgives all **your** sins,
who heals every **one** of your ills,

4 who redeems your life from **the** grave,
who crowns you with mercy **and** compassion,

5 who fills your life with **good** things,
renewing your youth **like** an eagle's.

6 The LORD does **just** deeds,
gives full justice to all **who** are oppressed.

8 The LORD is compassionate and **gracious**,
slow to anger and **rich** in mercy.

12 As far as the east is from **the** west,
so far from us does he remove **our** transgressions.

13 As a father has compassion on his **children**,
the LORD's compassion is on **those** who fear him.

21 Bless the LORD, all **his** hosts,
his servants, **who** do his will.

22 Bless the LORD, all his works, in every place where **he** rules.
Bless the **LORD**, O my soul!

From *The Revised Grail Psalms/The Abbey Psalms and Canticles*