

## First Sunday of Advent

### COMMUNION ANTIPHON

*Dominus dabit benignitatem.*  
*Ps 84:13*

- i -

I. **T** HE Lord will be-stow his boun- ty, \* and our earth  
shall yield its in-crease.

From *The Proper of the Mass* by Fr. Samuel Weber, OSB

Comm. 1. **D** O-mi- nus \* da- bit be-nigni-tá- tem : et  
ter-ra no-strá da- bit fructum su- um.

From *The Graduale Romanum*



### Psalm 85

2 O LORD, you have **fav**ored your land,  
and brought back the captives of Jacob.

3 You forgave the **guilt** of your people,  
and covered all their sins.

5 Bring us back, O **God**, our savior!  
Put an end to your grievance against us.

7 Will you not **restore** again our life,  
that your people **may** rejoice in you?

8 Let us see, O **LORD**, your mercy,  
and grant us **your** salvation.

9 I will hear **what** the LORD God speaks;  
he speaks of peace **for** his people.

10 His salvation is near for **those** who fear him,  
and his glory will **dwell** in our land.

11 Merciful love and **faithfulness** have met;  
justice **and** peace have kissed.

12 Faithfulness shall **spring** from the earth,  
and justice look **down** from heaven.


14 Justice will **march** before him,  
and guide **his** steps on the way.

From *The Revised Grail Psalms/The Abbey Psalms and Canticles*


## Second Sunday of Advent

- iii -

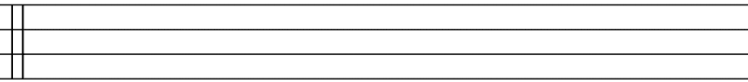
2.  
**J**



E- ru- sa- lem, a-rise \* and stand up- on the



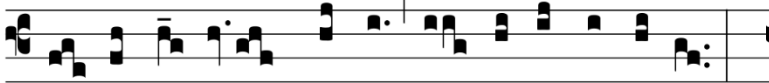
heights, and be-hold the joy which comes to you from



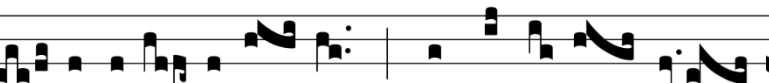
God.

From *The Proper of the Mass* by Fr. Samuel Weber, OSB

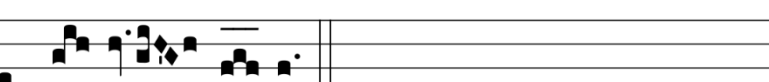
Comm.  
2.  
**J**



E- rú-sa- lem \* surge, et sta in excélso :



et vi- de jucun-di-tá- tem, quae vé-ni- et ti-



bi a De- o tu- o.

From *The Graduale Romanum*



Psalm 147B

12 O Jerusalem, glorify the LORD!  
O Sion, **praise** your God!

13 He has strengthened the bars of **your** gates;  
he has blessed your children within you.

14 He established peace on your **borders**;  
he gives you your fill of **finest** wheat.

15 He sends out his word to **the** earth,  
and swiftly runs **his** command.

16 He showers down snow **like** wool;  
he scatters hoarfrost like ashes.

17 He hurls down hailstones **like** crumbs;  
before such cold, **who** can stand?

18 He sends forth his word and it **melts** them;  
at the blowing of his breath the **waters** flow.

19 He reveals his word to **Jacob**;  
to Israel, his decrees and judgments.

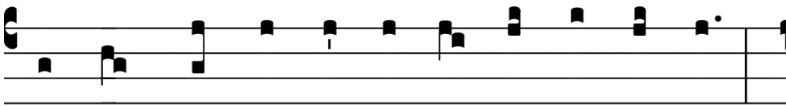
20 He has not dealt thus with other **nations**;  
he has not taught **them** his judgments.

From *The Revised Grail Psalms/The Abbey Psalms and Canticles*

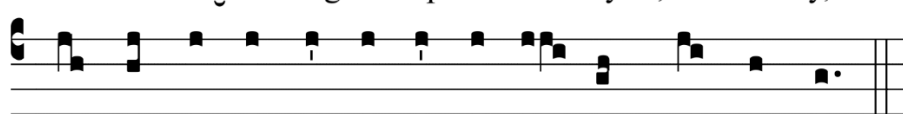
## December 8

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8.



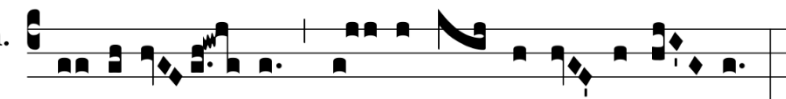
**G** Lo-ri-ous things are spok-en of you, O Mar-y,



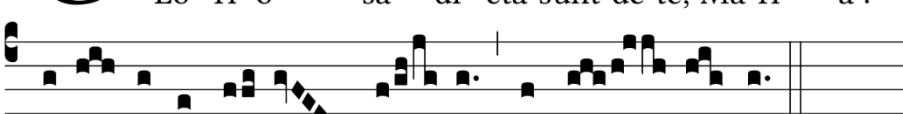
for from you a-rose the sun of jus-tice, Christ our God.

From *The Proper of the Mass* by Fr. Samuel Weber, OSB

Comm. 8.



**G** Lo-ri-ó-sa \* di-cta sunt de te, Ma-rí-a :



qui-a fe-cit ti-bi ma-gna qui pot-ens est.

From *The Graduale Romanum*



*Luke 1*

46 My soul proclaims the greatness of **the** Lord,  
47 and my spirit rejoices in **God** my Savior,

48 for he has looked upon his handmaid in her **low**liness;  
for behold, from this day forward all generations will **call** me blessed.

49 For the Almighty has done great **things** for me,  
and **holy** is his name.

50 His mercy is from age **to** age  
for **those** who fear him.

51 He has made known the strength of **his** arm,  
and has scattered the proud in their **conceit** of heart.

52 He has cast down the mighty from **their** thrones  
and has exalted those **who** are lowly.

53 He has filled the hungry with **good** things,  
and has sent the **rich** away empty.

54 He has helped his servant **Israel**,  
mindful **of** his mercy,

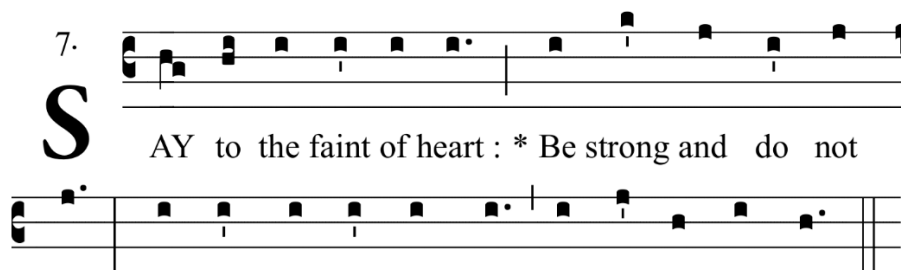
55 even as he promised to our **fathers**,  
to Abraham and his descend**ants** forever.

From *The Revised Grail Psalms/The Abbey Psalms and Canticles*

## Third Sunday of Advent

- iii -

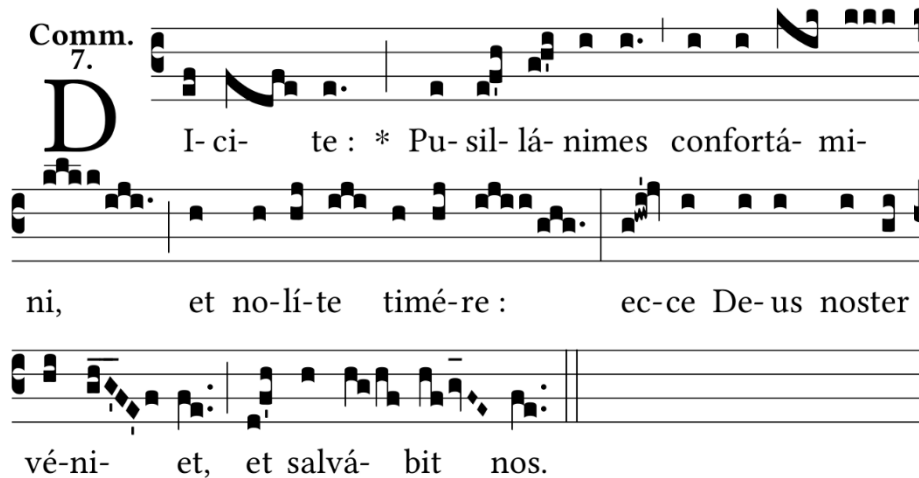
7. **S**AY to the faint of heart : \* Be strong and do not



fear. Be-hold, our God will come, and he will save us.

From *The Proper of the Mass* by Fr. Samuel Weber, OSB

Comm. 7. **D**I-ci-te : \* Pu-sil-lá-nimes confortá-mi-

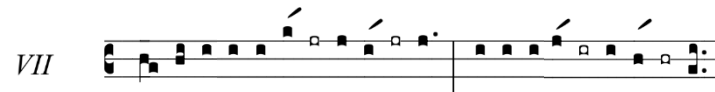


ni, et no-lí-te timé-re : ec-ce De-us noster

vé-ni-et, et salvá-bit nos.

From *The Graduale Romanum*

VII



*Isaiah 35*

2 They will see the **glory** of the Lord,  
the **splendor** of our God.

3 Strengthen the **hands** that are feeble,  
make firm the **knees** that are weak.

5 Then the eyes **of** the blind shall see,  
and the ears of the **deaf** be opened;

6 then the lame shall **leap** like a stag,  
and the mute **tongue** sing for joy.

For waters will burst forth **in** the wilderness,  
and streams **in** the desert.

7 The burning sands **will** become pools,  
and the thirsty ground, **springs** of water.

8 A highway **will** be there,  
called **the** holy way;

no one unclean may **pass** over it,  
but it will be **for** his people.

10 And the ransomed of the **Lord** shall return,  
and enter **Zion** singing.

They meet with **joy** and gladness,  
sorrow and **mourning** flee away.

From *The New American Bible Revised Edition*

COMMUNION ANTIPHON *Ecce, virgo concipiet. Is 7:14*

- i -

I.  
**B** E- hold, \* a Virgin shall conceive and bear  
a son; and his name will be called Em- man-u- el.

From *The Proper of the Mass* by Fr. Samuel Weber, OSB

Comm.  
I.  
**E** Cce virgo \* concí- pi- et, et pá- ri- et  
fí- li- um: et vo- cá- bi- tur no- men e- jus  
Em-má- nu- el. T. P. Alle- lú- ia.

From *The Graduale Romanum*



*Psalm 19*

2 The heavens declare the **glory** of God,  
and the firmament proclaims the **work** of his hands.

3 Day unto day **conveys** the message,  
and night unto night **imparts** the knowledge.

5 their sound goes **forth** through all the earth,  
their message to the **utmost** bounds of the world.

6 There he has placed a **tent** for the sun;  
it comes forth like a bridegroom **coming** from his tent.

7 At one end of the heavens is the **rising** of the sun;  
to its furthest **end** it runs its course.

13 Who can **detect** their own errors?  
From hidden **faults** acquit me.

14 From presumption **restrain** your servant;  
may **it** not rule me.

Then shall **I** be blameless,  
**clean** from grave sin.

15 May the spoken words of my mouth, the **thoughts** of my heart,  
win favor in your sight, O LORD, my rock and **my** redeemer!

From *The Revised Grail Psalms/The Abbey Psalms and Canticles*